

CURRICULUM SUBJECT OVERVIEW - PHYSICAL EDUCATION



<p style="text-align: center;">Our School Vision</p> <p>The children of The Hawthorns are at the heart of all that we do. As a whole school community, we nurture and challenge our children within a caring environment, so they grow both personally and academically.</p> <p>We are passionate about developing the whole child; encouraging them to have a growth mindset, believe in themselves, aspire to achieve their best and become resilient lifelong learners.</p> <p>We uphold a strong sense of belonging by valuing our children's individuality and celebrating diversity to ensure all our children thrive.</p>	<p style="text-align: center;">Subject Intent</p> <p>Physical Education is an essential part of the primary curriculum and children's future wellbeing. It enables pupils to participate in physically demanding activities and competitive situations which provide opportunities to develop their health and fitness to maintain a healthy active lifestyle. At Hawthorns, it is our intent to provide an inclusive, broad and balanced PE curriculum that ensures all children have the opportunity to develop a range of skills that they can apply to different sports. As well as this, we strive to teach the children about how physical exercise can significantly benefit their mental and physical well-being, equipping them with the knowledge of physical exercise takes care of their bodies and minds.</p> <p>In addition, The Hawthorns aims to develop values such as teamwork, respect, sportsmanship, decision making and creativity, all elements which contribute the development of the 'Hawthorns child'. Through physical education lessons, inter-house, and inter-school competitions, The Hawthorns' intends to provide the children with the feeling of belonging to a team, believing and supporting each other within a team and securing achievements together to promote a positive and lifelong love of sport.</p>
<p style="text-align: center;">Our Curriculum Vision</p> <p>At The Hawthorns Primary School, we aim to provide a unique and creative learning experience with high aspirations for all our pupils.</p> <p>Our exciting and innovative curriculum is tailored to inspire and challenge each individual child so they develop a passion for learning and aspire to be successful.</p> <p>The curriculum offers a wealth of knowledge through real life experiences to foster a spirit of curiosity and purpose, encouraging children to make connections and equipping them with the skills needed for their futures.</p>	
<p style="text-align: center;">Cultural Capital</p> <p style="text-align: center;">The essential knowledge that children need to be educated citizens</p> <ol style="list-style-type: none"> Using whole school cross-curricular initiatives, the pupils participate in run a mile in order to meet the 60 minutes of activity a day target. As well as this, run a mile, encourages healthy living and regular exercise to support the development of positive mental and physical health. Pupils in both key stages are given the opportunity to participate in inter-house competitions, working as a team towards a collective goal, including a sports day at the end of the academic year. Pupils in KS2 have the opportunity to represent the school in both competitive and non-competitive sports events such as: cross country, football, netball, district sports, school games. There is a wide range of physical education before school and afterschool clubs for all year groups to encourage further physical activity and a love of sport. Before leaving primary school, Year 6 attend a residential week where they experience outdoor and adventurous activities. The week aims to build the children's confidence, resilience, develop the motivation to succeed, teamwork and self-awareness. Pupils in Year 5 learn to swim at least 25 metres in order to equip them with a vital life skill before leaving primary school. 	
<p style="text-align: center;">Implementation</p> <ol style="list-style-type: none"> Physical education at the Hawthorns is taught through two one hour sessions each week. One session is an outdoor lesson which focuses on mastering the threshold concepts and milestones within a range of contexts. Each year group experiences each of the threshold concepts and milestones with different progressive end goals. In indoor sessions, a scheme called 'Real PE' is followed. This is based on six cogs which relate to our Aspirational Qualities. They are: social, creative, health and fitness, physical, cognitive and personal. The cogs combine together to teach pupils that physical education is more than just exercise, endeavouring to teach them the personal, social and physical fundamental skills to apply to any sport. Children in Year 2 and Year 5 experience a unit of dance where they learn to use a range of movement patterns and combine movements together into a performance. 	<p style="text-align: center;">Impact</p> <ol style="list-style-type: none"> Children leave the Hawthorns Primary school equipped with a range of skills to apply to different sports in order to be successful. Children leave the Hawthorns Primary school having been exposed to a range of sporting opportunities within lessons and inter-house and inter-school activities. The children have developed personal and social skills they need in order to: be confident in game situations, show good sportsmanship and be able to work as part of a team. Children leave Hawthorns with the knowledge that exercise is vital for good physical and mental health.