

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Fundamentals: Unit 1	Fundamentals: Unit 2	Games: Unit 1	Games: Unit 2
	Dance: Unit 1	Gymnastics: Unit 2	Dance: Unit 2	Gymnastics: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2
1	Fundamentals	Fitness	Gymnastics	Dance	Net and Wall Games (Country Dancing)	Athletics
	Team Building	Yoga	Ball Skills	Target Games	Invasion Games	Net and Wall Games
2	Fundamentals	Yoga	Gymnastics	Team Building	Dance (Maypole)	Athletics
	Fitness	Ball Skills	Sending and receiving	Target Games	Striking and Fielding Games	Invasion Games
3	Gymnastics	Dance	Football	Tag Rugby	Rounders	Athletics
	Fundamentals 3/4	Hockey	Fitness	Dodgeball	Tennis	Cricket
4	Gymnastics	Dance	Netball	Handball	Cricket	Tennis
	Ball Skills 3/4	Basketball	Yoga	OAA	Fitness	Athletics
5	Gymnastics	Dance	Yoga	Tag Rugby	Rounders	Athletics
	Basketball	Hockey	Football	Dodgeball	Swimming	Swimming
6	Gymnastics	Dance	Handball	Volleyball 5/6	Cricket	Tennis
	Netball	Fitness	Dodgeball	Football	OAA	Athletics